## SEPTEMBER 2025

## **PRESCHOOL**

Monday	Tuesday	Wednesday	Thursday	Friday
•		PREAMER	BREAKFAST	DDFAKFAGT
	2 BREAKFAST CEREAL	3 BREAKFAST BREAD	4 WAFFLE	5 BREAKFAST MINI PANCAKES
= Happy =	DICED PEACHES	MANDARIN ORANGE CUP	DICED MANGO	APPLE SLICES
/119PP9 \	LUNCH	LUNCH	LUNCH	LUNCH
	PEPPERONI PIZZA	ROTINI WITH CHEESE	CHICKEN PATTY SANDWICH	PEANUT BUTTER & JELLY
☆Labor Day☆	MINI BELL PEPPERS	CARROTS + CELERY	SWEET POTATO FRIES	ROASTED RED POTATOES
	MIXED FRUIT	APPLESAUCE	FRESH FRUIT	FRESH FRUIT
o BREAKFAST		10 BREAKFAST	11 BREAKFAST	10 BREAKFAST
8 BREAKFAST	9 BREAKFAST WAFFLE	10 BREAKFAST MUFFIN TOP	11 BREAKFAST BREAKFAST BREAD	12 BREAKFAST CEREAL
APPLESAUCE	BUDDY FRUIT	DICED PEACHES	BAGGED WATERMELON	APPLE SLICES
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
TANGERINE CHICKEN + RICE	CHEESEBURGER SLIDERS	CHEESE PIZZA	TURKEY + CHEESE SANDWICH	CHICKEN TENDERS
SUNSHINE CARROTS	FRENCH FRIES	BROCCOLI	BABY CARROTS	CUCUMBERS
DICED PEARS	MIXED FRUIT	APPLESAUCE	FRESH FRUIT	FRESH FRUIT
15 BREAKFAST	16 BREAKFAST	17 BREAKFAST	18 BREAKFAST	19 BREAKFAST
CEREAL	BREAKFAST ON A STICK	MUFFIN	WAFFLE	PANCAKES
BUDDY FRUIT	FROZEN FRUIT CUP	APPLESAUCE	BANANA	APPLE SLICES
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
PEPPERONI PIZZA 🪗	CHICKEN PATTY SANDWICH	BEEF PEPPERONI CALZONE	HAM + CHEESE CROISSANT	MACARONI + CHEESE
CARROTS + CELERY	SWEET POTATO FRIES	CUCUMBERS	ROASTED RED POTATOES	BABY CARROTS
DICED PEARS	MIXED FRUIT	DICED PEACHES	FRESH FRUIT	FRESH FRUIT
22 BREAKFAST	23 BREAKFAST	24 BREAKFAST	25 BREAKFAST	26 BREAKFAST
CEREAL	TURKEY SAUSAGE SANDWICH	BREAKFAST BREAD	WAFFLE	MINI PANCAKES
DICED PEACHES	BUDDY FRUIT	MANDARIN ORANGES	DICED MANGO	APPLE SLICES
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
CHEESY PIZZA BITES + MARINARA	HAMBURGER	CHEESE CRISP	TURKEY CORN DOG	CHICKEN SMACKERS
GREEN BEANS	TATER TOTS	REFRIED BEANS	CORN	BROCCOLI
MIXED FRUIT	DICED PEARS	APPLESAUCE	FRESH FRUIT	FRESH FRUIT
29 BREAKFAST	30 BREAKFAST			
CEREAL	WAFFLE		SEPTEMBER IS —	
APPLESAUCE	BUDDY FRUIT	NAT	IONAL FRUITS	
LUNCH	LUNCH	SVEGGIES MONTH		
CHICKEN NUGGETS	CHEESE PIZZA			
HASH BROWN CUBES	BABY CARROTS	fr	ruitsandveggies.org ——	
MANDARIN ORANGES	DICED PEACHES			



SCAN FOR ONLINE MENU

**SCAN ME** 



Connect with us on social media by searching "WESD Nutrition Services".

SEPTEMBER IS NATIONAL WHOLE GRAINS MONTH!

DID YOU KNOW?

AT WESD ALL OF THE OUR GRAINS WE SERVE HAVE WHOLE GRAINS!

\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER